

Announcement for the award of a research Fellowship
Ref.^a: IPL/2024/Tool4MEDLife/BI/12 M

A public tender is open for the attribution of one Research Initiation Scholarship (BI) under the Scientific Research and Technological Development Project entitled '*Tool4MEDLife - From Tradition to Innovation: New Foods and Educational Toolkits for a Healthy and Sustainable Mediterranean Lifestyle*', referenced with **IPL/2024/Tool4MEDLife_ESTeSL/BI/12 M**, in the sphere of Transnational Cooperation - Partnership for Research and Innovation in the Mediterranean Region (PRIMA) being fully funded by the Fundação para a Ciência e a Tecnologia (FCT), under the following conditions:

Scientific Area: Nutrition and Dietetics / Health or Public Health

Mandatory requirements: All individuals of legal age who meet the following requirements, with documentary proof, may apply for this scholarship:

- a) A degree in Dietetics and Nutrition or Nutrition Sciences;
- b) Be enrolled in a Master's in the area of Health Promotion or Public Health;
- c) Be a registered nutritionist recognized by the Portuguese Board of Nutritionists.

Preferred criteria:

- a) Experience in community intervention projects in the context of Community and Public Health Nutrition;
- b) Experience in project management;
- c) Experience in food education projects with children and young people, in a school context.
- d) Skills in quantitative data processing, with experience in statistical software (Qualtrics, R and RMarkdown);
- e) Good knowledge of English and Spanish;
- f) Good computer skills from the user's point of view (Word, Excel, PowerPoint, E-mail, Internet and Canva, Social Media);
- g) Good knowledge of project management platforms (Notion, Asana);
- h) Availability to start the scholarship from December 2024 (to be mentioned in the motivation letter)

Work Plan: collaborate in the implementation of the project's work plan, namely:

- a) Data management, on the Qualtrics platform, on dietary patterns/eating habits, health, literacy and food and cooking skills;
- b) Supporting the statistical analysis of the data collected using R software.
- c) Supporting the writing of scientific papers;
- d) Supporting the coordinating team during its work.
- e) Organizing and conducting focus groups with the project's target population;
- f) Developing educational materials;

- g) Supporting the preparation of work meetings, reports and seminars within the scope of the project;
- h) Organizing nutrition education activities for project partners.
- i) Support in managing contacts with consortium partners and partner organizations to implement project activities.

Applicable legislation and regulations: Regulations of Research Grants of the Foundation for Science and Technology, I.P., approved by Regulation N.º 950/2019 of December 16 of 2019, amended by Regulation n.º 643/2021, of July 14 of 2021 and the Research Fellow Statute published by the Law n.º 40/2004, de August 18, amended and republished by Decree-Law n.º 202/2012, of August 27, amended and republished by Law n.º 12/2013, of January 29, by Decree-Law No. 89/2013, of 9 July and Decree-Law No. 123/2019, of 28 August, adopted by this institution.

Workplace: The work will be carried out at the Lisbon School of Health Technology, Polytechnic University of Lisbon, under the scientific supervision of Professor Vânia Costa.

Fellowship duration: The duration of the scholarship is 12 months, planned to start in december 2024

Monthly maintenance allowance amount: The scholarship amount corresponds to €990,98/ month, based on the table of scholarships awarded directly by FCT, I.P., available in the FCT website.

Selection criteria: The final classification (FC) will be awarded on a scale of 0 to 20 points, based on the CV analysis, in accordance with the following selection criteria and their respective values:

A curriculum assessment will be carried out (60%) which will focus on the candidate's merit, in which the following factors will be weighted:

- a) Final degree classification (from 0 to 4 points);
- b) Experience in community intervention projects in the context in the context of Community and Public Health Nutrition (from 0 to 4 points);
- c) Experience in project management and Nutrition education projects (from 0 to 4 points);
- d) Skills in processing quantitative data, with mastery of statistical software (Quatrics, R) (from 0 to 2 points);
- e) Computer skills from the user's point of view (Word, Excel, PowerPoint, E-mail, Internet and Canva) (from 0 to 2 points);
- f) Knowledge of the English language (from 0 to 2 points);
- g) Knowledge of project management platforms (Notion, Asana) (from 0 to 2 points);

The personal competencies will be carried out (40%) considering:

- a) Letter of motivation – from 0 to 12 points;
- b) Letter of recommendation – from 0 to 8 points;

Candidates who do not fulfil all the mandatory requirements listed above will be excluded.

Composition of the Selection Jury:

President of the Jury– Vânia Costa, Adjunct Professor, Lisbon School of Health Technology, Polytechnic University of Lisbon;

Effective members of the Jury– Rute Borrego, Adjunct Professor, Lisbon School of Health Technology, Polytechnic University of Lisbon;

Effective members of the Jury– Cláudia Viegas, Adjunct Professor, Lisbon School of Health Technology, Polytechnic University of Lisbon;

Form of advertising/notification of results: All candidates will be notified by e-mail of the result proposed by the jury. The result of the assessment will be publicized in a list published on the IPL's institutional website at www.ipl.pt, and the successful candidate will be notified by e-mail.

Application deadline and form of application submission:

A tender is open from the October 8 of 2024 to October 21 of October of 2024.

Documentation to be provided when applying:

Applications must be formalized by emailing gpei@sp.ipl.pt accompanied by the following documents:

- Detailed curriculum vitae, dated and signed;
- Motivation letter (maximum 2 A4 pages);
- Letter of recommendation;
- Proof of the required academic qualifications (with final average and classification of the curricular units taken);
- Proof of enrolment on a Master's programme;
- Other supporting documents that the candidate considers relevant to the assessment of the application.

Reference to the research scholarship - **Ref.ª: IPL/2024/Tool4MEDLife/BI/12 M** - must be indicated in the email subject.